

# ProGuard

HEARING PROTECTION

**INSTRUCTIONS: Please Read carefully before using your ProGuard Custom Eartips for Earphones**

1. Before fitting any custom fit ProGuard products, make sure your hands are clean.
2. We highly recommend that you practice inserting the ProGuard Earpiece before connecting it to the audio source, this will allow you to manipulate the earpiece a little easier until you are used to the process.
3. Reach around your head and pull up and back on your outer ear. This straightens out the ear canal, making way for a perfect fit when the custom earpiece is inserted. N.B. The orientation of your ear canal will be backwards and upwards.
4. Each ear is unique and your earpiece will be visually marked, the left (Blue) and right (Red) hand side earplugs and should only be fitted in the correct ear.
5. Raise the earpiece towards your ear with the leading edge of the earpiece positioned at an angle which allows just the leading edge of the earpiece to make contact with your ear. Gently tuck the leading edge into the top and bottom of the ear. The earpiece will not be secure at this point. The goal is to just tuck that leading edge into place to begin the process. Now gently move your hand toward the back of your head to drop the trailing edge of the earpiece in place. Be sure to keep that leading edge tucked in as you apply pressure. This will then drop the bowl of the earpiece in place. A slight push with your finger centrally will ensure the earpiece is completely seated.
6. The custom earpiece is now securely in place, it will not fall out even if you shake your head. It may also feel strange at first but this will quickly pass and you will get used to the feel of it.
7. To remove the earpiece insert the tip of your finger behind the back section of the earpiece gently lift the trailing edge. Once it is loose, continue rotating the earpiece forward to remove the front part of the earpiece from the ear.
8. We recommend practicing these steps several times until you can easily insert the earpiece and remove it from your ear.
9. Once you feel comfortable with the process attach the audio device to the earpieces, make sure the earpieces are matched to the corresponding side of the earphone, remove the tip supplied by the manufacturer and insert your custom ProGuard, now just practice removing and inserting until you are happy with the procedure.

*Please Note: Your ProGuards should be cleaned often in warm mild soapy water and dried thoroughly before use*

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