

ProGuard

HEARING PROTECTION

INSTRUCTIONS: Please Read carefully before using your ProGuard Custom Fleximonitors

1. Before fitting any custom fit ProGuard products, make sure your hands are clean.
2. Reach around your head and pull up and back on your outer ear. This straightens out the ear canal, making way for a perfect fit when the earphone is inserted. *Please Note:* The orientation of your ear canal is backward and upward, in the general direction of the top centre part of your head.
3. The left earphone is clearly marked in Blue and right side in Red, please take care to ensure they are only fitted in the correct ear.
4. Hold the end of the earphone and insert it into your ear canal until you feel it fit snugly into the contours of your ears, if required put a small amount of earmould gel on the tip of the earphone but please be aware not to block the acoustic outlet.
5. Once fitted you will totally be immersed in the quality and sound of your new Fleximonitors. **Please do not listen at high levels** for long periods of time; this can lead to hearing damage. This is an irreversible condition. A tell tale sign will be ringing in the ears after use. ProGuard Fleximonitors are designed to work with iPods®, MP3 players and any audio sources with a headphone jack.
6. Always remove your ProGuards slowly. Break the seal with the ear canal gently by twisting slightly. If they are removed too quickly, there is a small possibility you could damage your ear drum.

*Please Note: Your ProGuard Fleximonitors may occasionally need cleaning with a medical wipe. Earwax can build up and can block the output audio port; carefully use the supplied cleaning brush and wire-loop to clear the wax; earwax build up is nothing to worry about and is perfectly normal. **Never** immerse you ProGuard Fleximonitors in water.*

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